



MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
Pilates 9:00		Power Vit Yoga 9:00	Line Dance Anf. 9:00	
Jumping Soft 10:15		Body Work 9:50		Rückenfit 09:30
Bauch Beine Po 17:00	Zumba 17:00	Jumping 17:00	Pilates 17:00	Line Dance 2nd Step 16:30
Power Mix 18:00	Yoga 18:00	Step Aerobic 18:00	Bauch-Beine-Po 18:00	