



MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
Pilates 9:00		Yoga 9:00	Line Dance Anf. 9:00	
Jumping Soft 10:15		Body Work 9:50		Rückenfit 09:30
Bauch Beine Po MIX 17:30		Jumping 17:00	Pilates 17:00	Line Dance 2nd Step 16:30
Step Aerobic 18:30	Yoga 18:00		Bauch-Beine-Po 18:00	
	Zumba 19:00			